

11th DOKIJU Karaté Stéphane Marcotte
Championship – May 18, 2019
Informations and regulations



DOKIJU 2019

CHAMPIONNAT SEMI-CONTACT
COMBAT • KATA • KATA D'ARMES
ENFANTS | ADULTES

18 mai 2019

KOM
KARATE STEPHANE MARCOTTE
SHIHAN STÉPHANE MARCOTTE
SENSEI KATHLEEN BERCHET

KYOKUSHIN KENBUKAI
極真拳

ADMISSION
8\$
Adultes et enfants
de 4 ans et plus

INFORMATION
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January 29, 2019

OSU Shihan, Sensei, Sempai,

It is with great pleasure that the Sensei Stéphane Marcotte team invites you and your students to take part in the **11th DOKIJU Karaté Stéphane Marcotte Championship**.

DATE : Saturday, May 18, 2019

LOCATION : Gym of HELLENIC COMMUNITY OF GREATER MONTREAL
SPORTS CENTER
5220, Grande Allée
Saint-Hubert (Quebec) J3Y 1A1

SCHEDULE :

Arrival of volunteers and referees :	8h00
Arrival of competitors 5 to 11 years :	9h00
Kata, Kata weapons and Semi-contact fights 5 to 11 years :	10h00
Arrival of competitors 12 years and above:	11h30
Kata, Kata weapons and Semi-contact fights 12 years and above:	12h00

It is with great enthusiasm that we are preparing this championship. Our goal is to offer competitors from Canada, the United States, Japan and elsewhere the opportunity to meet and practice their art in the best possible conditions and safely.

Enclosed are the registration forms as well as all the informations relating to the tournament. We ask every Shihan, Sensei and Sempai to register each competitor online no later than Friday, May 10, 2019 via our website (karatestephanemarcotte.ca). We will be able to evaluate the number of participants, ensure we plan our championship well and offer you a quality tournament.

Also, registration forms duly completed for each participant, and the sums due must be handed over only on the morning of the competition. At your arrival, you will be directed to tables where you can submit the registration forms and where competitors can validate their coupons (Kata, Kata weapons, Fights).

The success of any championship depends largely on the work of the volunteers who ensure the smooth running of the competition. If you have volunteers and especially referees who can help us at this event, please give us the list as soon as possible. A meal will be provided to them at the time of their break during the day.

Thank you very much and we hope to welcome you as well as your students on May 18. OSU!

Sensei Stéphane Marcotte
Sensei Kathleen Berchet
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(450) 656-7229

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Rules - Semi-Contact Fights

Equipments (participants must provide their equipment): :

For the safety of the participants, the following protectors are obligatory:

- Helmet (under 18 years old)
- Shin and foot protectors
- Gloves or fist protectors
- Mouthpiece and athletic support (optional but highly recommended)

Duration of Fights:

5 to 7 years : 1 minute – 1 extension 30 seconds
8 to 11 years : 1.5 minute – 1 extension 1 minute
12 years and above : 2 minutes – 1 extension 1minute 30 seconds

Illegal techniques :

- Elbows strikes (15 years old and under, allowed from 16 years old)
- Any attack (with hands or feet) to the knees, face, neck, groin or back of the opponent
- Grabbing the opponent
- Sweeping techniques (Ashi Barai)
- Push the opponent (whether with the hands, head, body, etc.)
- Any circular kicks (Mawashi Geri) uncontrolled to the head
- Jumped kick (Tobi) for 15 years and under (allowed from 16 years)

Warnings and disqualifications:

Wazaari =	(+ 2 points)
Chui Ichi =	(0 point)
Chui Ni (Awase Te Genten Ichi) =	(- 1 point)
Chuin San =	(- 2 points)
Chui Yon (Awase Te Genten Ni) =	Disqualification

Wazaari : Any visible contact with the foot at the head, which has a slight impact and control, is considered a Wazaari.

A Ippon is awarded to a fighter who puts his opponent unable to fight for **3 seconds or more**, using any legal technique. With one scored Ippon, a fighter is declared winner – the fight is over.

A Wazaari is awarded to a fighter who puts his opponent unable to fight for **less than 3 seconds**, using any legal technique – the fight is temporally interrupted. After a Wazaari has been scored, fighters resume fighting.

Two Wazaari add up to one Ippon: the fighter is declared winner - the fight is over.

Disqualification : If a fighter shows a lack of sportsmanship, the center judge may disqualify him/her immediately. All illegal techniques, if deemed intentional, will lead to automatic disqualification.

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Categories Kata, Kata weapons et Fights

The organizers reserve the right to modify the categories according to the number of participants, the ages, the weights and the belt level. The categories are the same for girls/women and boys/men.

Kata :			Fights ***:		
Age	Belt		Age	Belt	
4-5 years	white and orange	K-1	4-5 years	white and orange	C-30
4-5 years	blue and yellow	K-2	4-5 years	blue and yellow	C-31
6-7 years	white and orange	K-3	6-7 years	white and orange	C-32
6-7 years	blue and yellow	K-4	6-7 years	blue and yellow	C-33
6-7 years	green and above	K-5	6-7 years	green and above	C-34
8-9 years	white and orange	K-6	8-9 years	white and orange	C-35
8-9 years	blue and yellow	K-7	8-9 years	blue and yellow	C-36
8-9 years	green and above	K-8	8-9 years	green and above	C-37
10-11 years	white and orange	K-9	10-11 years	white and orange	C-38
10-11 years	blue and yellow	K-10	10-11 years	blue and yellow	C-39
10-11 years	green and above	K-11	10-11 years	green and above	C-40
12-13 years	white and orange	K-12	12-13 years	white and orange	C-41
12-13 years	blue and yellow	K-13	12-13 years	blue and yellow	C-42
12-13 years	green and brown	K-14	12-13 years	green and brown	C-43
12-13 years	black	K-15	12-13 years	black	C-44
14-15 years	white and orange	K-16	14-15 years	white and orange	C-45
14-15 years	blue and yellow	K-17	14-15 years	blue and yellow	C-46
14-15 years	green and brown	K-18	14-15 years	green and brown	C-47
14-15 years	black	K-19	14-15 years	black	C-48
16-17 years	white and orange	K-20	16-17 years	white and orange	C-49
16-17 years	blue and yellow	K-21	16-17 years	blue and yellow	C-50
16-17 years	green and brown	K-22	16-17 years	green and brown	C-51
16-17 years	black	K-23	16-17 years	black	C-52
18 yrs and above	white and orange	K-24	18 yrs and above	according to inscriptions	C-53
18 yrs and above	blue and yellow	K-25			
18 yrs and above	green and brown	K-26			
18 yrs and above	black	K-27			

*** Girls/women and boys/men are in separate groups.

Katas weapons :

5-11 years	All levels	W-1	15-17 years	All levels	W-3
12-14 years	All levels	W-2	18 yrs and above	All levels	W-4