

1st International FUJIWARA CUP Championship –




November 23rd, 2019

Equipment



All equipment must be provided by the participants. A kiosk with sale of equipment will be on site so that the competitors can obtain all the required equipment.

Only headgear with face shield/visor for competitors in the category « **Elite semi-contact fights** » can be lent to competitors.

Equipment	Regular semi-contact fights	Elite semi-contact fights	Full contact fights
Gloves (gloves must protect adequately the knuckles) 	Obligatory	Obligatory	Prohibited
Feet and shins protectors (protectors must cover feet and shins) 	Obligatory	Obligatory	Man – Prohibited Woman - Obligatory
Mouthgard 	Obligatory	Obligatory	Obligatory

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Headgear without face shield/visor 	Obligatory * * headgear with face shield/visor is highly recommended	Prohibited	Prohibited
Headgear with face shield/visor 	Optional	Obligatory	Prohibited
Chest protector 	4–11 years - Obligatory 12 yrs and up - Optional	Optional	Prohibited
Knee pads 	Optional	Optional	Prohibited

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Athletic support / pelvic protector 	Optional	Optional	Man – Obligatory Woman - Optional
Bra and protective shells 	Optional	Optional	Obligatory